Health benefits of breastfeeding


& Position statements


Centers for Disease Control and Prevention. (2013) "Strategies to prevent obesity and other chronic diseases: The CDC guide to strategies to support breastfeeding mothers and babies." *Atlanta, GA: US Department of Health and Human Services*

Committee on Health Care for Underserved Women. (2007) "ACOG Committee Opinion No. 361: Breastfeeding; maternal and infant aspects." *Obstetrics and gynecology 109.2 Pt 1 479*


Recommended features


US Department of Health and Human Services Office of Women's Health (2010). “Business Case for Breastfeeding” [The link is to the landing page. This document is only available online in modules rather than the full toolkit.]

Successful programs


Tsai, S. Y. (2013). Impact of a breastfeeding-friendly workplace on an employed mother’s intention to continue breastfeeding after returning to work. Breastfeeding Medicine, 8(2), 210-216.


Successful programs Press

http://www.elle.com/culture/career-politics/g28143/the-best-lactation-rooms-across-america/
http://www.nytimes.com/2016/08/12/nyregion/bill-de-blasio-lactation-rooms.html

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